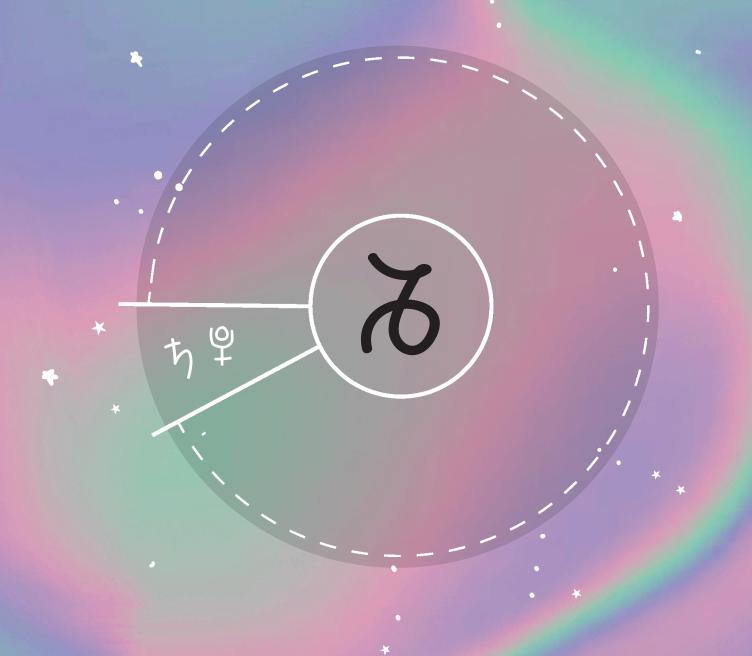
CAPRICORN



SATURN & PLUTO JANUARY 2020

> OUTER INNER SPACE

5 SATURN PLUTO CAPRICORN

Dispelling the *
nyth that power
comes from outside
* of you.

That energy is limited.

That's the summary of these pages, but if you want more words, read on..

These ideas are a gen possibilities in a Universe of unending potential

Let's set the scene..

The Saturn - Pluto conjunction is taking place at 22° Capricorn, Jan 13/14 2020.

After the quest for wisdom/learning through experience and discovering the truth, Capricorn embodies the spiritual nature of the lessons learnt and practically applies the wisdom in the 3D realm.

By grounding this knowledge, and showing up in the world as this embodied version for all to see, a legacy is bought to form.

This conjunction is one significant part of a very long, steady process which has been unfolding for quite some time.

The mis-use of power (Capricorn/Pluto - low expression) will come to light for transmutation (Pluto), and certain realities (Saturn) as we have come to understand them, but know/feel deep within no longer resonate (Pluto) with our ascending minds/bodies/spirits, will fade away, allowing us to create anew.

Consider this:



It is said that the planets beyond Saturn (beyond reality),
bring in the astral/unseen cosmic energies which
influence our subtle senses.

Beyond cognition, beyond our conditioning.

The quiet nature of these energies are so powerful,
they're non-intrusive,
yet permeate on a deeper level of our psyche,
gently, allowing slow moving integration.

This power/the presence of Pluto is being bought to our conscious reality (Saturn) to the degree we are willing and open to experience this magic.

Occuring at 22 degrees is significant, and co-incides uncoincidentally with the year 2020 (clear sight/2020 vision).

2 is a common theme here – speaking of D U A L I T Y .

Good vs Bad.

Right vs Wrong.

War opposite Peace.

As long as we occupy the realm of duality, we are always working AGAINST an opposite, perpetuating the energy of polarity.

This push and pull diminishes our power through outer and inner conflict.

It's like wanting something, but not believing we can have it, so the energy polarities meet in the middle, then diffuse, keeping us in the same place.

This is the reality (Saturn) we've been lead to believe is
the only one available to us, when in fact, there are other
forces more powerful — more divine — at work.

Beyond duality, more cyclical and more interwoven,
which allow manifestation — and perception —
to extend in multiple directions of possibility.

You may be feeling this shift on a subtle level,
something you can't quite name,
or grasp on to for too long.
These glimpses are good, it's an introduction.
It has to happen subtly, in order for you to adjust to it.

The invitation is to accept the totality of the nature of the dual realm. Allow an opening to a higher perspective/a different vantage point.

One which makes room for A L L to exist.

We can not expect this to occur on an outer scale if we don't address in on an internal level.

As long as we resist conflict within it will remain in our outer world.

This happens through embodiment of the full scope, the cosmic truth that we are not powerless by any means, and that our inner conflict is actually a gift, not necessarily to overcome, but to integrate, as we release the resistance to 'what is', we allow the totality, and new energy is created – free of conflict.

First this occurs individually,
then this energy meets with those who are doing the
same, and a new energy field is created.

It's our responsibility (Saturn) to transform ourselves.

The importance here is to redefine what is real (Saturn) for us without looking externally for what our truth is, based on conditioning/outward appearance (Capricorn low-expression).

Instead, Pluto is asking us to use our subtle senses to find true resonance. Saturn is asking us to demonstrate personal responsibility over our experience.

In this combination, we discover the depths of our power, however deeply it has been suppressed/oppressed, and not even fighting against that injustice, but focusing our energy on this power brewing up inside, coming to light and from this place we can build new structures, ones which will stand the test of time and ones which are based in integrity.

tin &

more on this later

Even in times of a mass perception of a "breakdown", we have an opportunity to open to an energy beyond duality and create something fresh.

Our access to energy is unlimited to the degree we are open to it.

keyword: INTEGRITY

ROOT: TO INTEGRATE





BODY

creates energetic/ psychic Shield + new energy

e.g. TRINITY



(note the anagram?)

Be open-minded about the following suggestions.

On an individual level the energies will play out in different expressions for each individual.

These are just a few potentials. $\begin{bmatrix} 0 & F & F \\ 1 & F$

These pages are intented to serve as a guide, crafted to show you examples of energetic support available to you based on your Ascendent sign to support the area of your chart where the conjunction is taking place.

This shifting outer landscape is nothing to fear, and everything to be empowered by.

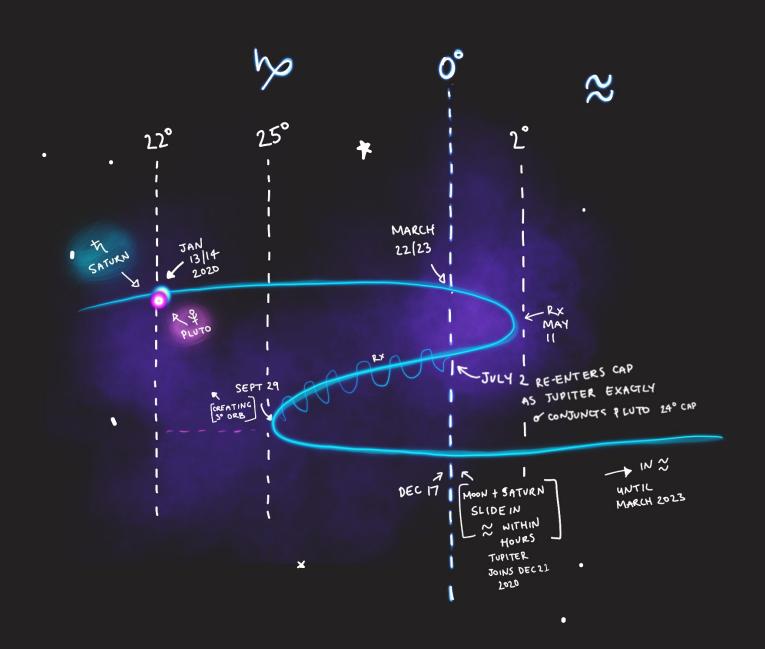
It's empowering us to BE the stability we seek outside ourselves.

The change is already underway.

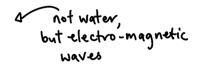
And you're right on time.

SATURN IS NEVER LATE

SATURN'S 2020 JOURNEY







Themes of:

Quantum leaps in cosmic understandings (Aqua) grounded on Earth (Saturn).

The individual's expression (Aqua) contributing to success (Saturn) of the collective/wider network (Aqua).

Gains equate/reflective of equality intentions

Innovation/genius/cosmic collaboration

Broader-scope, inclusive of realms yet undiscovered/beyond current perception

New perception (Aqua) of time (Saturn)

Structures created to accomodate all, not just a few. Governance redefined on an individual level.

Integrity comes from unique individual expression

Actions out of integrity will be seen as folly. Aquarius turns the cheek to such energies without giving it a thought. Not feeding nonsense/withdrawing attention leaves nonsensical behaviour dwindling on itself, left to deal with it's own shadow.

> The collective reality (Saturn in Aquarius) will not tolerate greed/lies/ disempowerment/corruption. (See dwindling comment above.)



THE AQUARIAN PERSPECTIVE

There's always something to learn

Emerging perspectives encompass undercurrents (electro-magnetic waves) of truth

Awareness of personal limitations when acting alone, allowing higher intelligence/collaboration to assist with research/discoveries/advancement for the greater good.

Awareness of past-patterns/conditioning which no longer apply, but have most definitely served a learning purpose.

(Now we know what NOT to do).

The last air sign of the zodiac

Researching beyond what is familiar/what immediate surroundings can teach (Gemini) with awareness/understanding/graduation regarding relating to others with diplomacy and win-win mentality (Libra), then taking thought/ideas/expression forward, into the unfamiliar (Aquarius) to create the new.

TAURUS _____ S VIRGO CAP The completed Fire (initiation/action) and LEG SAG
Earth (practical/grounded) energies are now ready
for the missing pieces of the puzzle to come
together through one-mind/expanded
consciousness.

Real time travel (however variable)
into alt. dimensions

Broader understanding of energetic dynamics and making practical application of vibration/waves.

So now you've got some perspective of where we're heading, and we'll get a 2 degree taste of this for just under 4 months next year, but there is still a significant amount of time in 2020 where Saturn is still in Capricorn.

TO IN TO CAPRICORN

MISSION:

Putting an end to old structures which we've based our lives on (those which have been ingrained from positions of hierarchy/status/dominion).

Re-wiring conditioning of where power comes from and how to obtain it

(not from dis-empowering others)

(Hint: within).

Disconnecting our reliance on validation from external voices and redirecting toward inner, self-directed authority.

Standing strong in self despite what it may do to reputation (uncontrollable anyway).

Ending to values relative to greed/material status

Visceral awareness of our personal responsibility, and that actions, beliefs, thought and any other energetic expression are free-will choices we make.

When holding ourselves accountable for those choices, we discover our strength, our integrity, our power.

PLUTO

It's not outwardly demonstrative.

It's hidden, within our core.

emanating subthy

because it knows.

Proof is not required.

It starts with you, in your totality, beyond duality, just as you are.

ONE LAST THING...

Fear is a form of power/control.

Unfortunately, most of us have been subject to this energetic imprint for quite some time, that time is coming to an end (Pluto-Saturn conjunction), so of course it feels like we don't know where to look, who to trust.

Trust you.

This is the lesson.

Bring it in.

Make it personal.

These shifts are nothing to fear.
It's a gentle, slow moving power.
But immense, cosmic and on-time.

Fear is resistance, be present with it.

Try not to run from it, or supress it.

Breathe through the experience of facing it.

It's a gateway to the depths of you.

The astral realm is helping our psyches adapt out of this fear programming (Pluto).

In fact, this is exactly one of the functions of the Saturn-Pluto conjunction.

It's not something we have to grasp/reach for/earn/deserve - it's innate.

It's an uncovering.

Trust the timing.

Venture into
your moon sign
(SEE PAGE 20)
for methods to
recalibrate to your
unconscious/astral
core (to find inner)
calm/centre

So, lets see where the January 2020 Saturn - Pluto conjunction plays out for you..

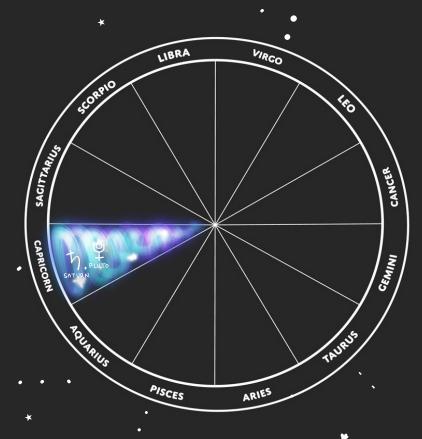
CAPRICORN

These insights, while specific to your ASC and house placements (to a degree, based on degrees), speak to the layer beneath your personal planetary placements or aspects.

It's one level to a very multi-dimensional story.

CAPRICORN ASCENDENTS

*



Location of Conjunction: 1st House

A complete restructuring is underway relative to how you show up in the world/the energy you give off as a presence/expression of the Universe.

While you may have felt 'targeted' by Saturn and Pluto, it's important to know that it has all been preparation.

Both planets (and the South Node in Capricorn) have timed this closing out past-life versions of the self, because you've got important work to do here Cap – and you need to know your strength.

Awareness of all the difficulties/lessons/struggles/restrictions + their potency, and how they have bought you to this precise moment, for a precise reason, and the precise 'hindsight-esque' unveiling of the details for these experiences will emerge into your consciousness slowly but certainly (as Saturn and Pluto would have it) as time time goes on. Your expansive vision (mind/perception), your vessel (body) and your spirit are being integrated toward coherence.

With Saturn as your Chart Ruler, you have an intimate and integral role in these times of change — as time changes — taking on the role of a leader. Not particularly in the traditional form of a leader (but possibly, for sure) more by energetic example.

You do not need to assert your power (Aries/1st house), more so embody it (1st house) & then it will speak for itself.

As you release, letting the South Node do the last of it's work in your sign which wraps up in March next year, you'll begin to notice our whole aura will change. It's a steady process.

Saturn has a plan, structure in mind, and you're being asked to trust in the process and allow time to unfold like a flower would, like you will. You don't want to force this delicate process.

Grace will make the experience more spacious.

In the coming months, you may be given glimpses into new time — future sight, or a sense in your bones of what's to come. Your expriences of the past/memories will take on new form as Saturn moves into Aquarius — one where you won't need to hid/feel shame, but more understanding, compassion and even gratitiude for all that's unravelling for you. This may already be in play, but it will be emphasised if you're open to it.

As you raise your awareness, you'll see the dualistic process taking place in the world/in yourself/in your surrounding and you're asked to be an observer of the nature of what's occuring.

Accepting your experiences in their totality allows resistance energy to dissipate and light/insight to enter.

We are vibration beings. Resistance is dense.

Victimhood is resistance to acceptance.

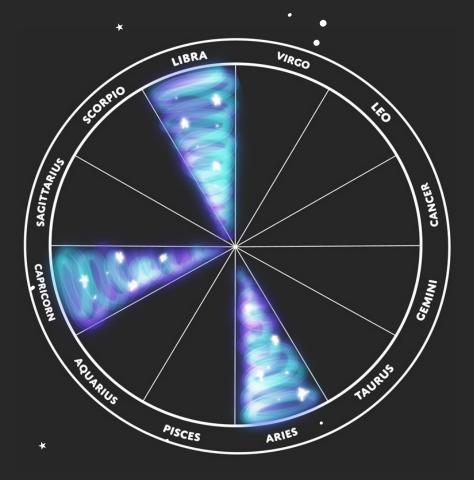
There is purpose to it all.

It's no accident Pluto and Saturn (and the South Node) are working with your I AM presence — you're being deconditioned from every lie/every mis-truth about the world, yourself, and the truth of energy/power so you can rise up in yours.

This limitless potential has been with you all along.

It's all a matter of perception.

RE-BUILDING YOUR HOUSES



Location on conjunction: 1st house

Supporting houses:

4th house: Aries

7th house: Cancer

10th house: Libra

If you consider a square, it has structural integrity.

Within the chart, a square between planetary aspects can present learning opportunities through challenges.

But when talking of the houses*, based on your ASC sign, we look to the squaring houses to help support these structures.

We're rebuilding your 1st house – your presence/who you are.

To begin transcend the duality –
let's look at the opposite house, for the foundation,
then we'll structure the walls

(*AREAS OF LIFE AND HOW THEY PLAY OUT ENERGETICALLY)

READ 4 EXTRA PAGES

for more depth to your ASC story

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CONTINUE TO MOON NOTES



MOON SIGN

FOR COMFORT! AUTHENTIC RESONANCE

TO TRANSCEND

MENTAL | EXTERNAL

UPHEAVAL

MOON

Consider the Moon's role to 'feel' comfortable.

To 'feel' isn't directly relative to 'emotions',

you feel with resonance.

This means to vibrate the essence.

You attune your body, your vessel, to a harmonic wave.

This is why the moon is linked to psychic perception, because you are 'tuning' into a different frequency.

*

Resonating/vibrating with/attuning to
the qualities of your natal moon sign
brings you back to a state of inner equilibrium.
Back to your subconsious/astral/subtle/yin self.

It is from this place we find our centre,
and when we make choices from this centred place,
they are in alignment with our true selves,
our high selves, and thus with the cosmos' plan.

Here are some suggestions as to how to calibrate to the energy of your natal moon.

Do note:

The location/the house of your natal moon will add an integral layer to the story.

Also:

While regular attunement to your own natal moon will help you find your centre, as the moon transits the other signs through the lunar cycle, you can also apply the practice of tuning into the transiting moon sign qualities to calibrate to the collective energy.

All signs make up our natal chart, we carry all energies.

(Further example of living beyond dualism)

Each moon sign has been grouped with it's element, as all four elements have a different vibration/tone.

FIRE MOON

r ol x

Fire is a spiritual element.

Your moon is spiritual in nature.

Consider the movement of a flame.

It's sporadic, instinctual and fluid.

Beyond this 3D realm, it would be revered.

A time is coming when it wil be again.

ARIES

I AM presence belief in self motivation passion creation

creativity **boldness** sunlight exuberance child-like spirit



learning broad scope wisdom experience free-spirited

Your physical vessel is the key. Tune into the resonance you emit, beyond mind, beyond thought. The more you feel yourself as a vibrational being, the more you notice the nuances, the more you can tune into the subtleties – the waves, the condensed ones, the longer ones - how your body pulses the greater the power you possess when you realise you can then take hold of that vibration and direct it toward tones of love, abundance and oneness. Feel into your aura. This is your spiritual nature. And will serve as inspiration to others. This is what Buddha meant when he said

'Be the change'

Freedom of imagination is key for you. Allow time to fall into the natural state of imagination. It's is the first step of creativity, and it all happens on the astral plane, in the minds-eye. It's limitless. It knows no bounds. Embrace the essence of child-like mind, imagine and appreciate all you find beautiful, all you find spectacular - from this world or any other you dream up. This will reset your resonance to that of love, of beauty, because a child knows love, knows beauty without duality, without judgement. It's simply a natural expression. This is you. Make your unconsious conscious and see.

There are many possibilities available to you if you find the time to step out of the mind, beyond conditioning and limitations and explore your inner world through your minds-eye. The expanse of your inner realm is vast and there are so many treasures in there which will grant you the wisdom we often reach for in the external realm. What you envision is your ticket to growth. This is available to you any time, any where. Travel to far-off lands. Ask the questions and meet your guides. They're waiting for you. Freedom here is limitless.

WATER MOON

o m. H

Your vessel is absorbant to the energy around you.

Allow yourself to be emptied, then refilled, then emptied, then refilled.

Your psychic skills have been overlooked and undervalued, but that time is changing.

Purify in solitude, let yourself be purified and they will enhance.



home
rest + relaxation
resonance
compassion
understanding
nurturing

A safe space is needed to find harmony within. All the care extended to others needs to be felt and contained within your body, at least for enough time that you f e e l the value of this magnificent gift.

Find resonance with this vibration and direct it to your heart centre. Sit in the feeling of appreciation of all you do for others and feel your heart relax from the acknowledgement you may not receive from others, then allow that relaxation to spread from your heart centre, through your torso, down your legs, arms and up through your crown. Sit in that vibration and cherish it as often as you can.



understanding complex
feelings
investigative work
astral travel
deep healing
psychic insights

The Scorpio moon knows duality well, because it's very aware of the unconscious motivations of the self and the other. To tune into your essence, means acknowledging the depth of this contradiction and allowing it to come to the surface, to the light, even if just for you. This may bring up fear, but the truth is never something to fear. The truth is freedom.

You are powerful beyond means of cognition, and you are never given anything you can't deal with. The key is to meet this power and practice resonance with it, for when you do, you learn to master it, and once you have, pure intention rises potently above and beyond any shadow aspects.

H PISCES unconditional love
openness
sensitivity
timelessness
understanding
compassion

Moments of stillness and acceptance. No words required, a simple dissolving, of the past, of the future, even the moment. Then comes the light, the colour, the sparkle, the connection, the knowingness, the space, the bliss. Practice allowing this state often, so you can be refilled. It's not for nothing, this is energy doing what energy does – exisiting.

Peace will befall you and this is peace is what you will offer others. Your aura will amplify and when you walk into the world again, you affect the collective with your presence alone.

AIR MOON

 $oldsymbol{arkappa}$ $oldsymbol{arkappa}$

Resonate the wisdom of all you have learned.

Take the words/the teachings and integrate it cellularly.

Vibrate your knowledge. Feel how it feels.

In this practice, you will influence others with your knowledge by 'being/vibrating' the information.

Your message will come across with greater ease, and will make a lot more sense, because it will be delivered vibrationally in support.



intellectual
fact-finding
seeing both sides
communication
immediate surroundings

You can see many sides to situations, but note that your spirit is much bigger than your intellect (as big as that is. Allowing divine intelligence to meet with cognitive intelligence will help you tap you into worlds of data that will provide more wisdom than any physical/familiar means of input. From that intention to go beyond the conditioned/physical mind and feel into 'the field', decision-making will become more instinctual and you will find the truth vibrating beneath all of the stimuli.

It really is simple – all is vibration.

When you resonate with that simplicity, you will communicate with clarity and that is why you're here – to share.



balance
harmony
common ground
mutual understanding
analysis
objectivity

Within you holds a momentus potential to embody the 'Middle Way', between good and bad, right and wrong. When you harmonise your inner realm, you hold the potential to recalibrate the outer realm. If there's inner conflict this will spill out into interactions. It's not always easy to reach a decision when there are so many variable in play, but with breath you can direct your cells to dance a beautiful, graceful, harmonic tune.

Finding this balance, this fluid flow, is a matter of allowing contrasting winds to move as they will.

This will bring equilibrium. We are more space than matter, let yourself feel into that, be the air and allow that space to organise as divine intelligence always does.



glimpses to the future cosmic downloads humanitarianism common good for others, and self weird, quirky ideas Finding comfort in expanding the mind beyond what is known is integral for you, but to get to the original thought, the pure cosmic information, your vibration needs space. This is how outer-cosmic forces tune into your ready-and-able mind to give you the genius codes. Resonance beyond the intellect is needed. The mind is not in the head. It's a field. Feel into that field. Quiet your electro-magnetic field by getting close to nature, in space. The perfection of the Universe will bring you closer to the electro-magnetic pure state of self and impart to you wisdom that will help you radiate truth.

EARTH MOON

*

y ml x

The natural elements here on Earth can support you into resonance.

Time in nature* will recalibrate you.

As will allowing yourself to blossom in time, as nature does.

Talk with the elements, don't worry - no-one's looking.

Be empty and open and f e e I for the resonant response.

Allow it to come in time, in cycles, like nature.

TAURUS

value + values
quality products/services
pride in self
practical application
strength and honour

MQ VIRGO attention to detail mind mapping investigation/research processing/processes practical analysis service oriented

CAPRICORN

receiving the strategy/
the investment information
review structures/grand plan
check integrity/life goals
serious approach to affairs
focused
task oriented

The sense of value attributed to people, places, things needs to be directed inward, toward your essence. The skills you have worked for, the knowledge you possess and how you use/express these gifts/how you show up in the world, even in small, subtle, seemingly meaningless ways needs to be appreciated and valued on a cellular level, regularly. As you apply deep appreciation for your presence, so too will you be able to recognise this quality in others and they will appreciate you. Imagine what happens when appreciation is recognised and compounded like this. All we can create are things of quality, of value, of substance.

You give and you give. Do yourself a service, and sit like the Hermit, allowing the details of the day, of the week, of the future to flash like fireworks as an overlay, then look at the space between the fireworks and concentrate there. Allow there to be more space between fireworks. Focus more and more on this space, the simplicity beyond the details. This is what you need to give yourself in this moment - this space to simply be between details.Breathe into your cells and notice how they're operating like fireworks too, regenerating constantly. Then focus on the space between those cells. Here you are - more space than matter, recalibrating into perfection.

Your mission here is to re-build what Pluto is tearing down. To do this, we need you in alignment with a greater power. To align, we need you in integrity. To be in integrity, mind,

body and soul need to integrate. To integrate, you need to find your own pace. You operate on a timeline completely unique to you. In your quiet moments, feel into the field around your body. Put up a shield to the demands of the outside world – all the expectations and the weight – and feel into the space around you. Time is on your side, so long as you don't let anyone outside of you dictate that timeline. Resonate on your own timeline, own it, claim it – then build.

There's nothing to churry toward.

Safarn rules the cognic clock.

Discover your unique kairos (soul time)

This wave is for you. Journe right on time.

*

*

TUNE IH

There really is so much more we can talk about, but this has to stop some where

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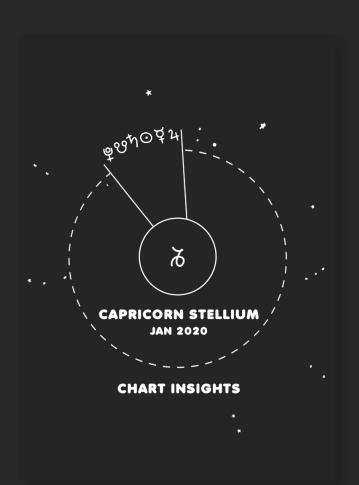
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