



adjustment.flow



**These notes are
designed to show some**

**potential energies
on the horizon,
[UNTIL ABOUT JAN 2]**

**what opportunities
are on offer**

**+ how you can
work with them**

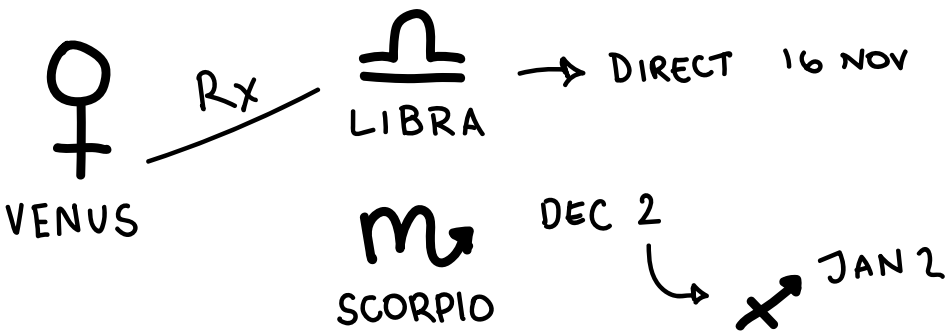
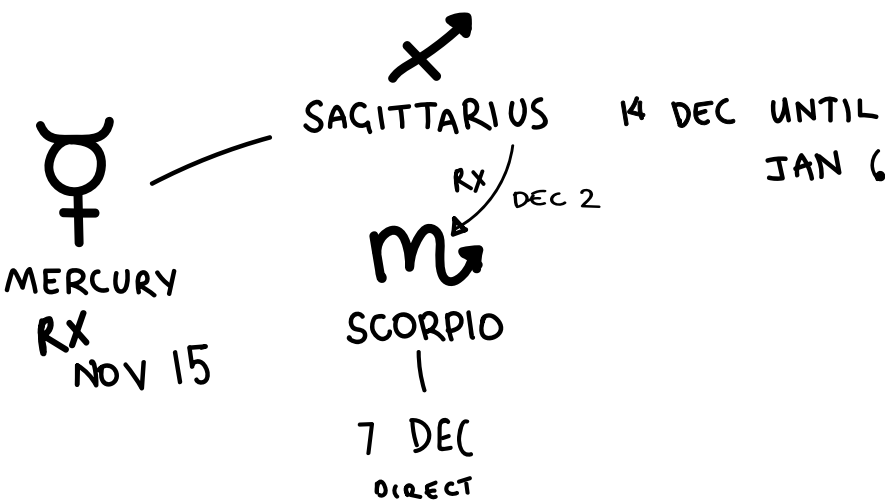
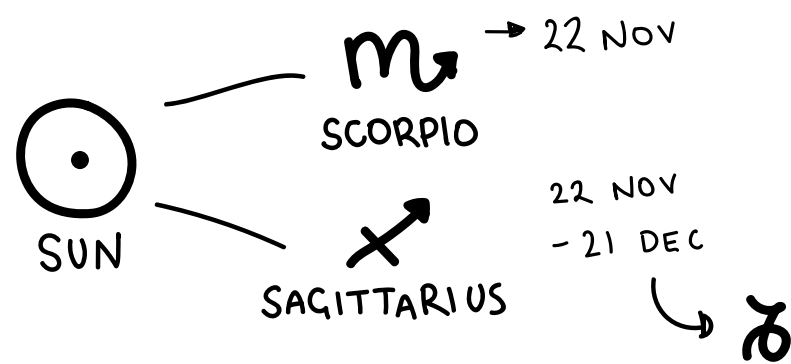
**How this all plays out
personally for you
depends on your
chart.**

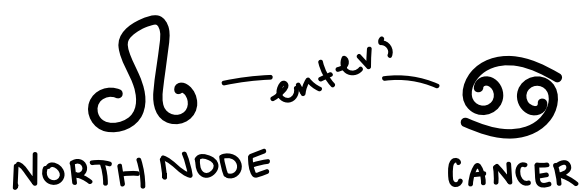
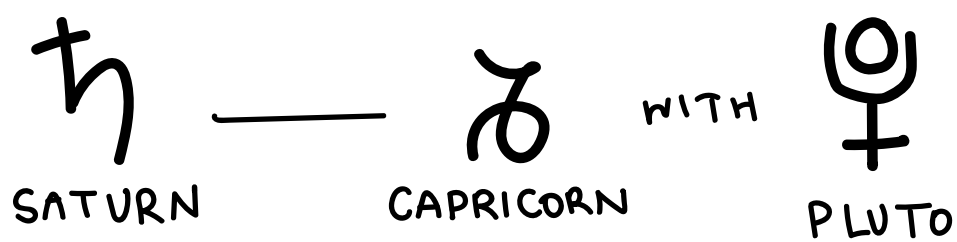
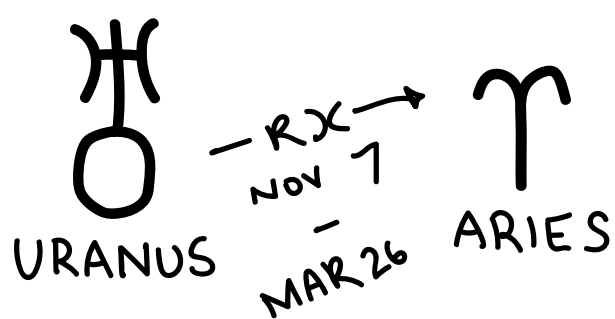
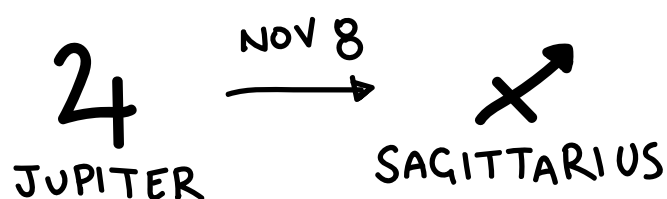
**Do further research
and find the common
thread.**

**Always
trust your own
judgement.**

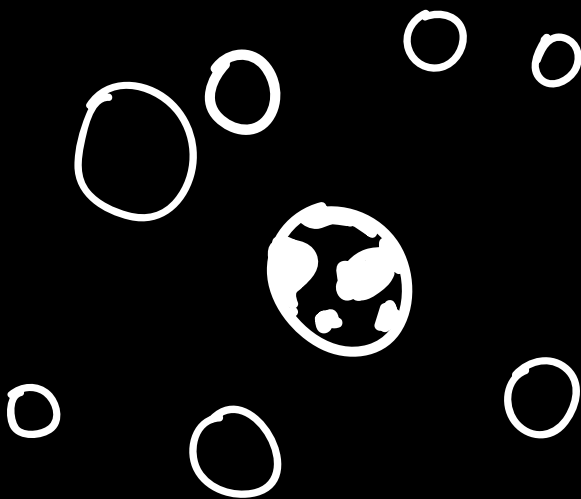
BRIEF RUNDOWN OF
CURRENT PLANET SITUATION:

+ A FEW PROGRESSIONS
[DATES ARE APPROXIMATE : ENERGY IS FLUID]





★ **changing signs**



4 JUPITER

Luck, expansion, hope
faith, joy, exuberance
Rules Sagittarius
(home there)
Expands the scope
Willing student
Learn and experience
Adventure

Jupiter has been in
Scorpio since
November 2017



MARS

Drive, force,
motivation, action,
purpose

Mars generally takes
about 6 weeks to
transit a sign.

Due to Rx this year,
Mars has been in
Aquarius + Capricorn
since March



VENUS

Money, Love,
Relating, Feminine
Expression,
Receptivity,
Inner Strength
and Values

Rx Oct 15 - Nov 15



NORTH NODE

Destiny
Qualities to strive for.
Work towards the
highest expression of
the sign.
Orient your compass
in this direction.
There's soul lessons
to learn + apply here

Transit:
Approx. 18 months

North Node has been
in Leo since
May 2017



URANUS

Surprise, Upheaval
Quantum Jumps
Breakthroughs
Sudden shifts
Electricity
Frequency
Genius
Innovation
Ideas

Entered Taurus in
May 2017

RX since August 2017

**There's a sense of
preparing your
energy.**

**Rethinking the limits
you place on yourself.**

**Use this time now
with full presence**

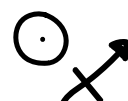
**to lean into the truth of you
so that when you do launch,
you're not easily swayed.**

**Solid in you
so when the winds
pick you up and
put you in your dreams
you can find this place in you.**


Immersive until about Nov 22



then lift off



MAJOR DEAL: NODE SHIFT

for the last 18 months
the NN has been in 
LEO

**In Leo,
we were being guided to
move toward
creative self expression,
leading from the heart,
trusting our passions
and what brings us joy,
what makes us authentic
and how we bring
that into the world.**

**Venturing toward what
makes us happiest.**

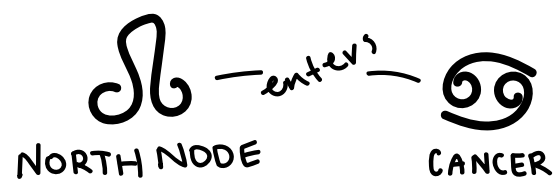
Also:

inner child
heart moves
big love
centre stage

RULED BY:

the sun

FOCUS SHIFT



it's

a fluid approach,

creative

with instinctual awareness

strengthened by emotional

and physical security

and safety

moving with flow,

the tides of the ocean,

the cycles of the moon.



CANCER

home

nurturing

creativity

intuition

Safe haven

comfort

family

sensitivity

maternal

feminine qualities

RULED BY:

the moon



rules



**The moon changes signs every three
days**

**It builds in brightness,
and retreats just as consistently.**

**The moon can calm the oceans
or ignite a flood.**

It governs our emotions

Notice the cycles
of the moon

Growing + Waning

+ how you feel during
it's transits through
the signs

**It's this fast-moving,
adaptive influence.**

The effect is instant.

Always refreshing.

**This constant support
all of the time.**

flow with your own
moon sign qualities

[learn the attributes + placement]

LOCATION IN CHART

Flipside:



SOUTH NODE



CAPRICORN

**The South Node possesses
'old qualities' that need to be ascended.**

**Qualities which no longer prove effective
in the current energetic climate**

**What is considered 'work'
and 'worth working on'
may shift for you**

**A stern/conservative
approach can be let go of**

**The bottom line isn't quite
the main priority**

**Compartmentalizing
feelings + avoiding them
is no longer sustainable**

Goals shift
from practical to
personal

**Cancer feels rich when
the home life is rich.**

SEE WHAT HAPPENS WHEN YOU

Blend the energies
of the \updownarrow nodes

**Trust you and your
family will be provided for
(by the universe) without
having to work harder γ
instead,
by using your creativity \odot
+ receptivity \odot**

γ **Plan comfort and nesting \odot**

γ **Work diligently on creating
 \odot create a safe and supportive
and comfortable \odot
environment**

γ **Commit to your creativity - \odot
for the long term γ**

γ **Goal toward personal/ \odot
relational development \odot**

\odot **Feel zero compulsion to
be seen a certain way. γ**

Be open to
a new way of
working / not-working

**You may not even realise you have
been working, until you're done,
because you worked from flow**

-
-

**Or you might seek work which
brings you more
emotional fulfilment**

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**Or you might completely rework
your whole approach to work,
and work on a schedule
which brings you
way more emotional satisfaction.**

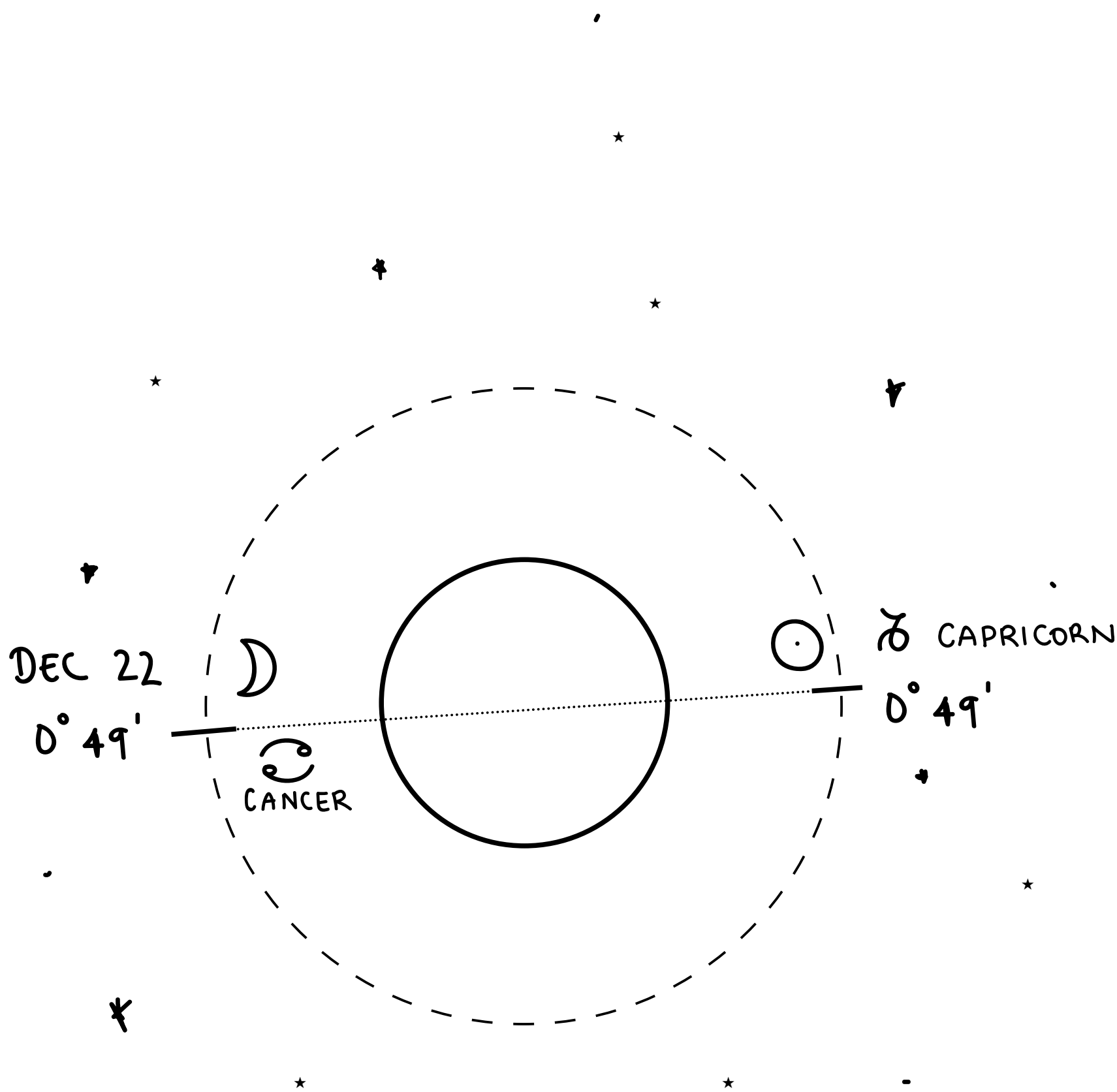
work on protecting
your energy)

your values

**and
valuing
you**

**and your
energetic influence.**

Fully.



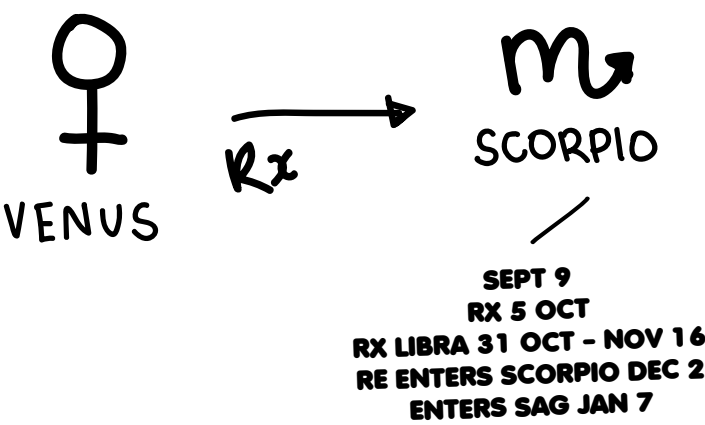
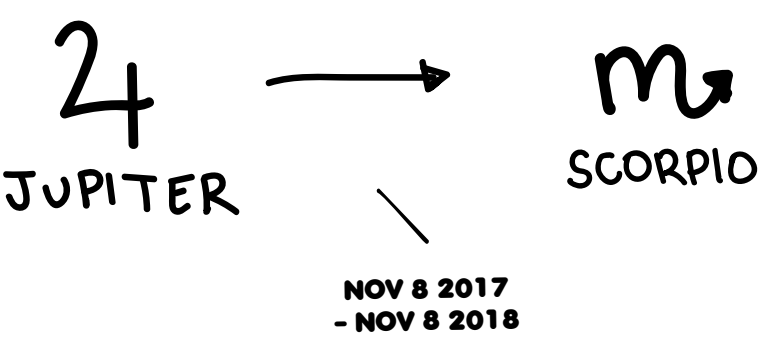
Especially into the lead up

of the

Cancer Full Moon

Dec 22

**This energy is
continuing the
discoveries during**



**When you clarify your
inner values
you attract a different result
because your vibration
has shifted.**

**There's bound to be a
different ambience.**

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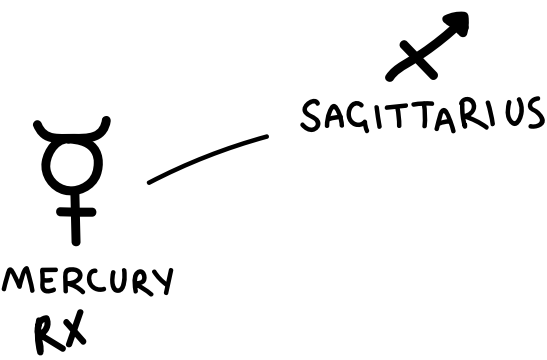
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That's what this is.

Give yourself
plenty of time to
process + integrate

in whatever
way feels most
natural to you

RETHINK YOUR LIMITS



Rx begins Nov 15
enters Scorpio Dec 2
Rx ends Dec 6
re-enters Sag Dec 14
enters Cap Jan 5

expanding

your thought processes

what you believe in

integrating values

.Mental potential

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an inner journey

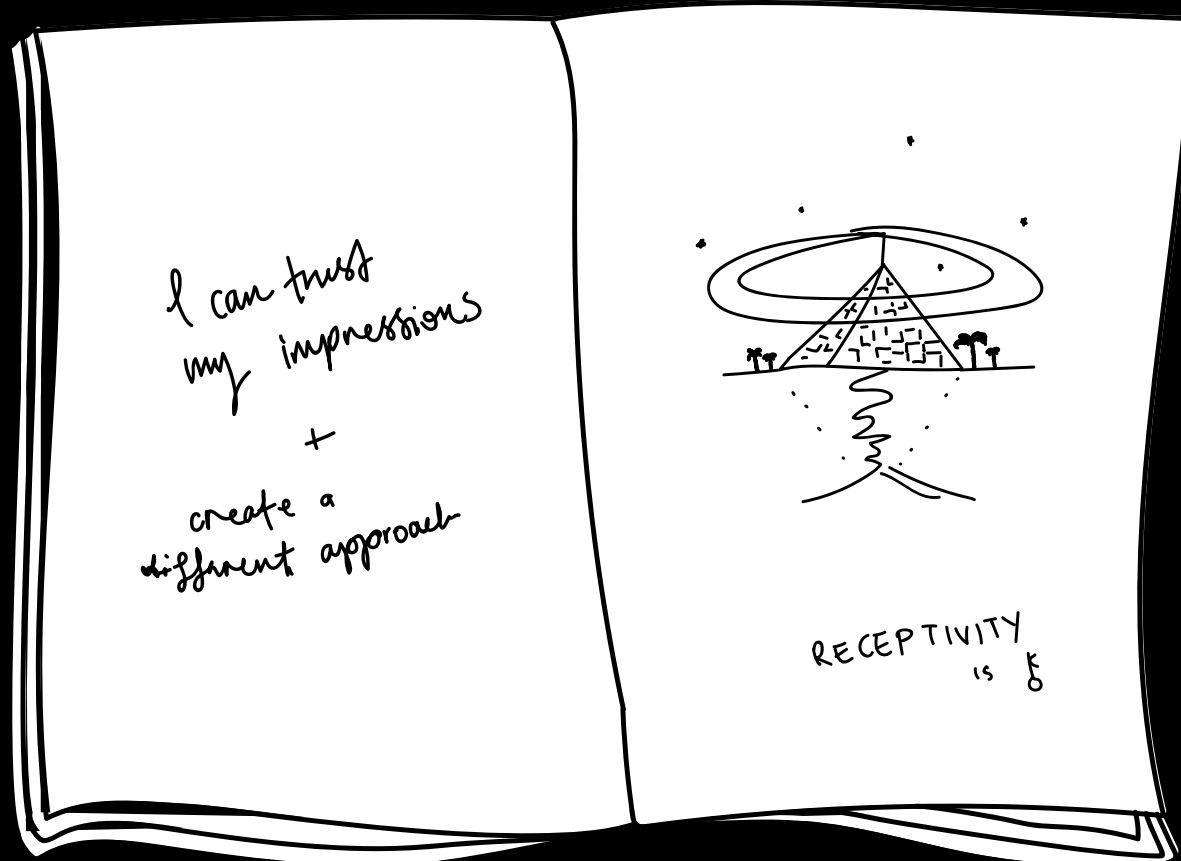
Your mind expands
(BUT SLOWS DOWN)

the process of processing
alters

You will be able to
refine your mental
experiences

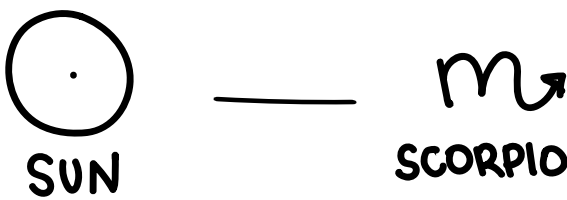
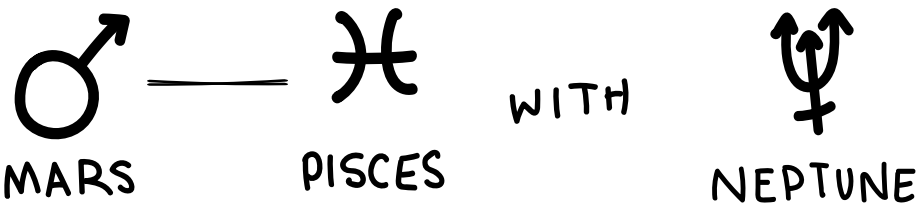
SEND YOUR MIND ON ADVENTURES

**What do you need to believe
in order to create the life you want?**



Sag is Faith in the Unseen

+

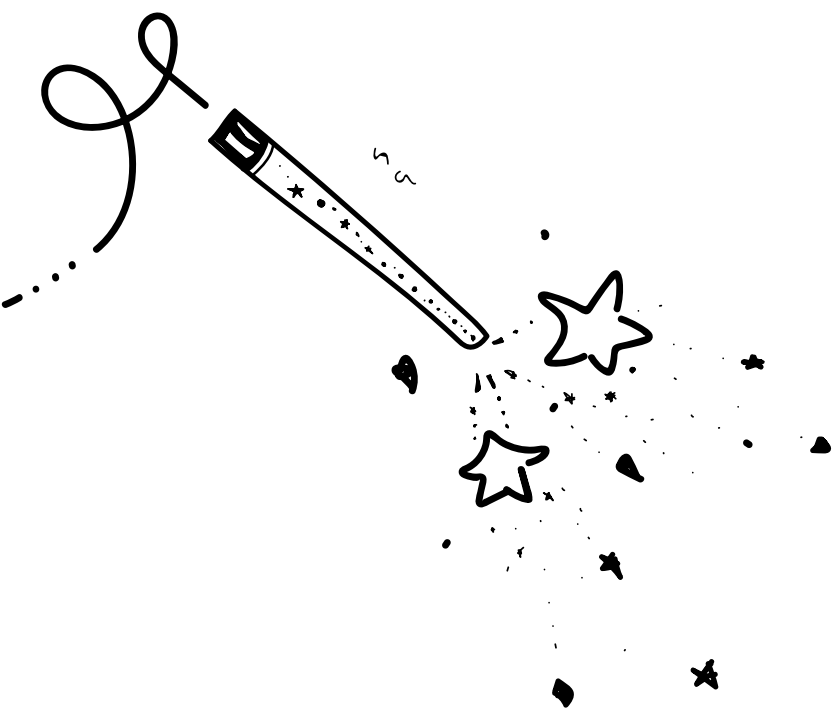


p e r c e p t i o n

will be high

(but internal)

Pockets of potential
will emerge in front
of you



scenarios

feelings

insights

potentials

visions

creative ideas

inspiration

solutions

imaginations



MARS



PISCES

drive

passion

action

force

instigates

no fear

realms

dreams

fantasy

love

flow

no boundaries

**Mars hasn't been in a
water sign since
December 2017
(Scorpio).**

**Scorpio wants to dig deep into inner
depths and
understand them**

**Mars in Capricorn
wanted to get to work but had some
delays because of Saturn**

**Mars in Aquarius (inc. Rx
in Cap) wanted to see the
future and know what to strive for
and
direct passions into.**

**The whole approach is
different in Pisces**

**Pisces wants to swim deep and just
experience the fullness of the experi-
ence
without necessarily
needing to understand it.**

**Neptune (Pisces ruler)
is limitless
without restriction.**

Time will flow differently
because your motivations
have shifted

action comes from feeling

waves of inspiration

loving driving force

impressions/intuition

creativity

other realms

you might
move in a ^{whole} different
way

and

WITH  ALSO IN 
NEPTUNE PISCES

may be driven to

You can release
what you still
can't understand

i.e.

old wounds

self defeating patterns

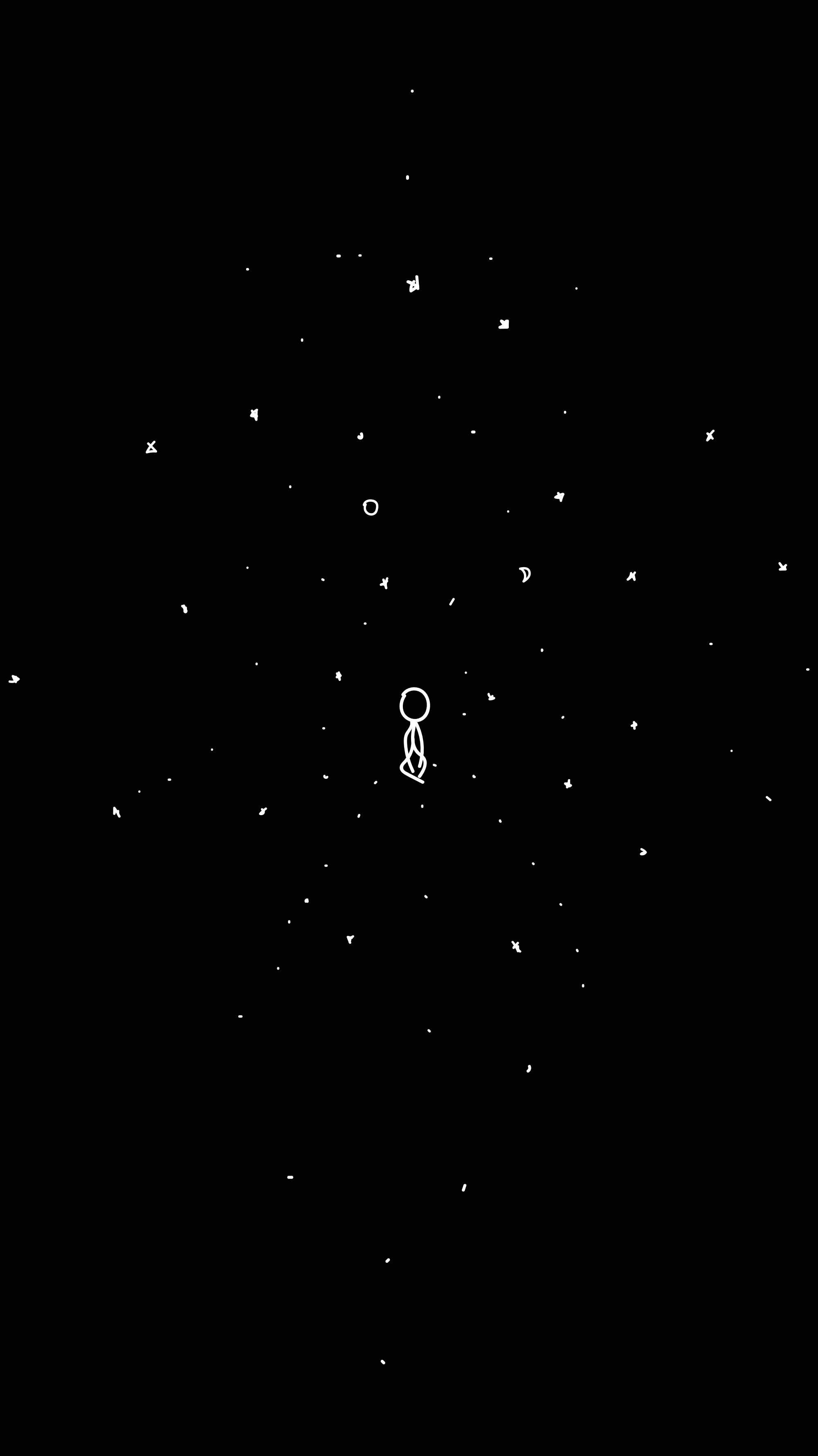
victim mentality roots

tender loves

sadnesses

As you give it over
to the universe

It's submerged in
infinite potential Ψ



**There's validity in
what you can't see.**

**You may notice
more evidence of that now.**

ACUTE
perception

You don't
even really
have to do all
that much
differently



**There's a sense of ease to
this energy**

*You can try
on different
lenses*

float in and out of it

the 'work' can feel
effortless

Practice moving in + out
of vibrations

ALTERED STATES

music is one
way to try this.

it's about being immersed

**exploring inside yourself
but outside this dimension**

not trying to figure out the details

or solve anything


open to potential

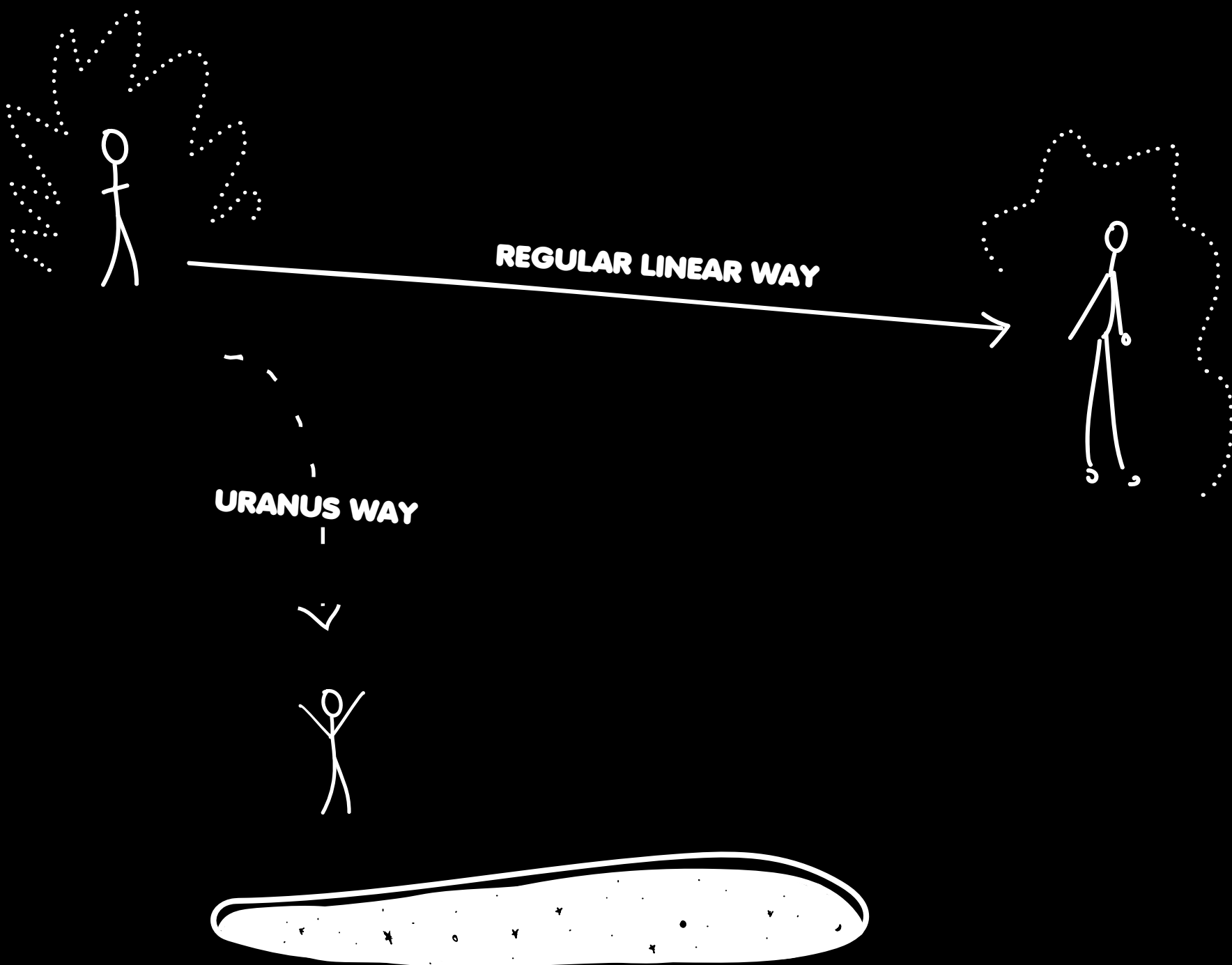
no-limits imagination

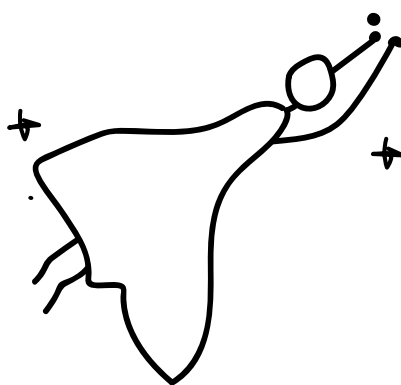
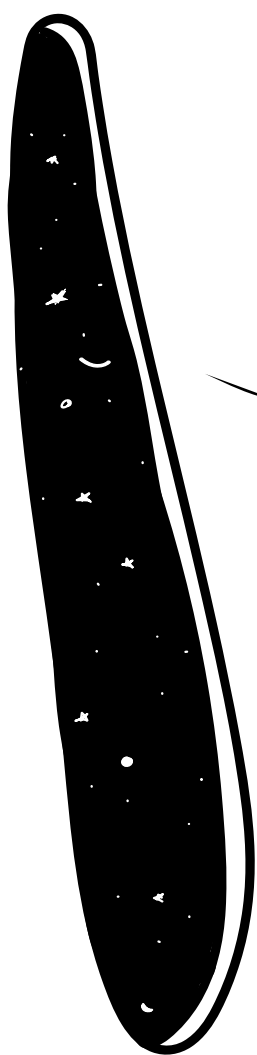
in flow

feeling it

Realms of possibility
will open up for you

You Can work outside
the stagnation
of time. 





Uranus in Aries
November 7 - March 7
Rx until Jan 6



Uranus is sudden change/quantum jumps



Aries is the self

Uranus is Rx
(working on the internal processes)

•

This can mean sudden changes in your self

•

You can recircuit

Re-wire

•

See things from a whole other perspective
all of a sudden

•

•

Infinite, genius potential

Be open to it being
different to
the usual

**It'll be easier to adapt
during this time.**

**When Uranus was Rx in Taurus,
(May - Nov 7)
the energy was fixed.**

**Aries is cardinal fire.
The Initiator.
Ready to go.**

**This is Uranus' last transit
back into Aries**

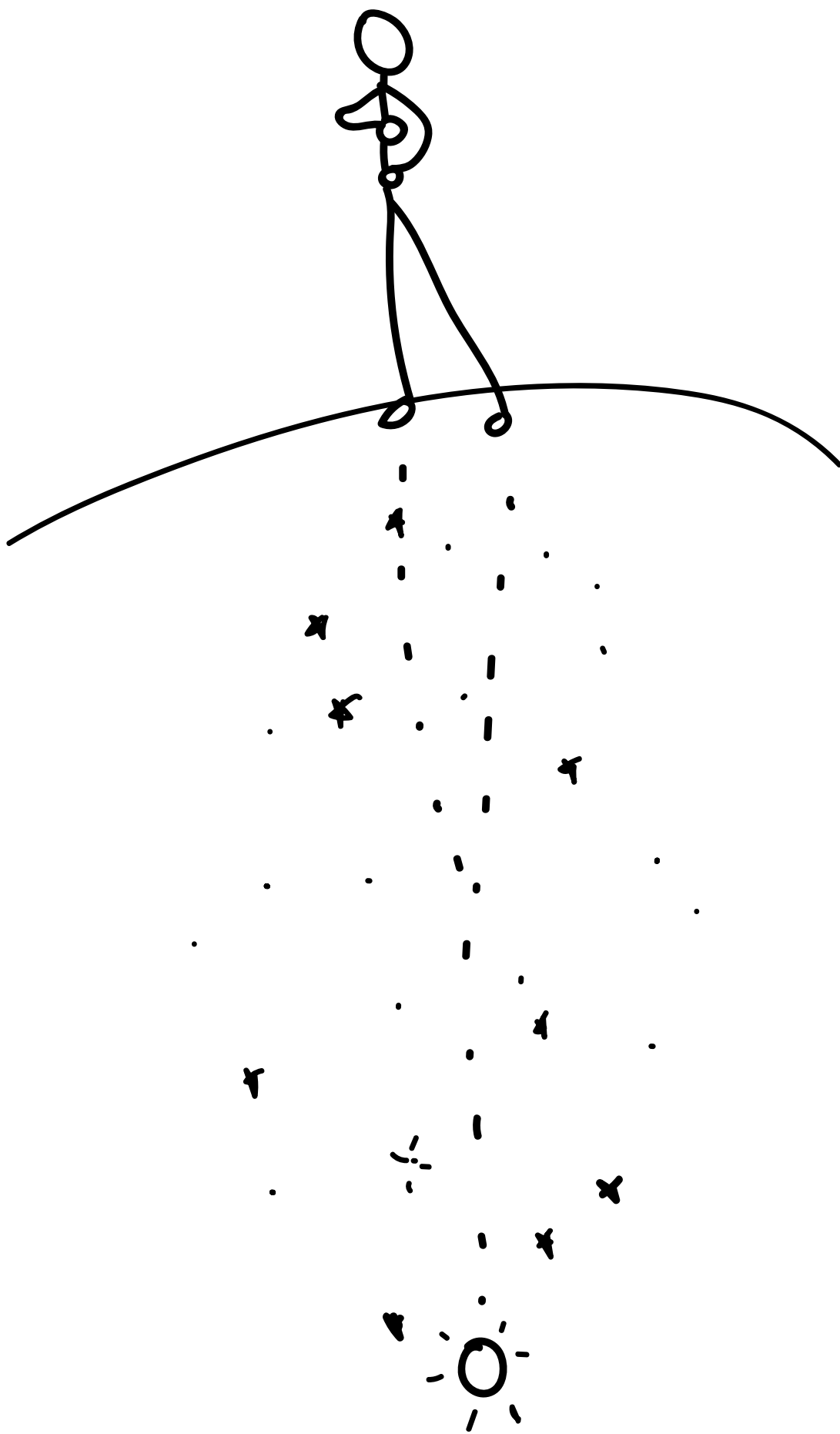
**From March 2019
it will be
in Taurus
until 2026**

**You can process + heal
in other realms
with this energy**

and it really doesn't have to take long.

**If ever you feel overwhelmed
or like there's too much speed racing
through you**

**Put one hand over your heart
The other below your navel**



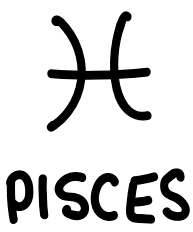
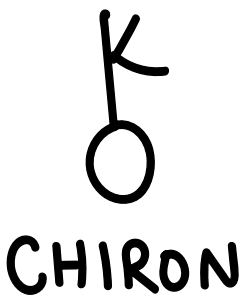
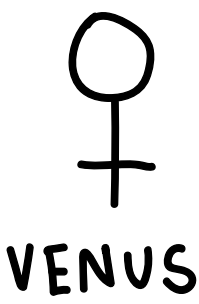
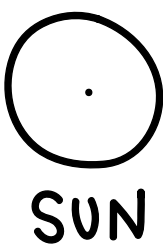
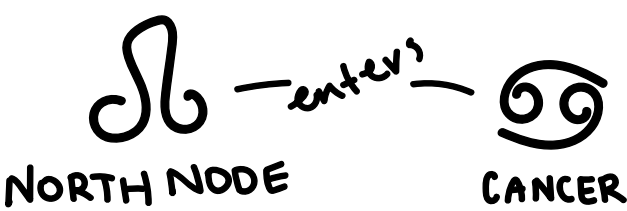
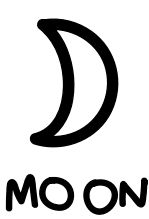
Connect to the centre of the earth

Say : I am safe

I am supported

TRUST YOUR FEELINGS

+ IMPRESSIONS



Move in and out of it.

Acclimatize

Adapt to the frequency.

Connect to a constant

anchor to

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you

**Your next steps will be
revealed
remarkably**

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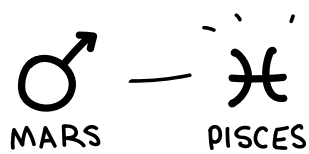
Magically

AND

SOON

IT'LL INTEGRATE

Let the universe
Support you



Let this gain traction
in its own time

&

evolve
as it's own
entity which
you're co-creating

ASK FOR GUIDANCE

JUST SAY..

SHOW ME

What would make me feel more at home?

What is comfort for me?

What's next for me?

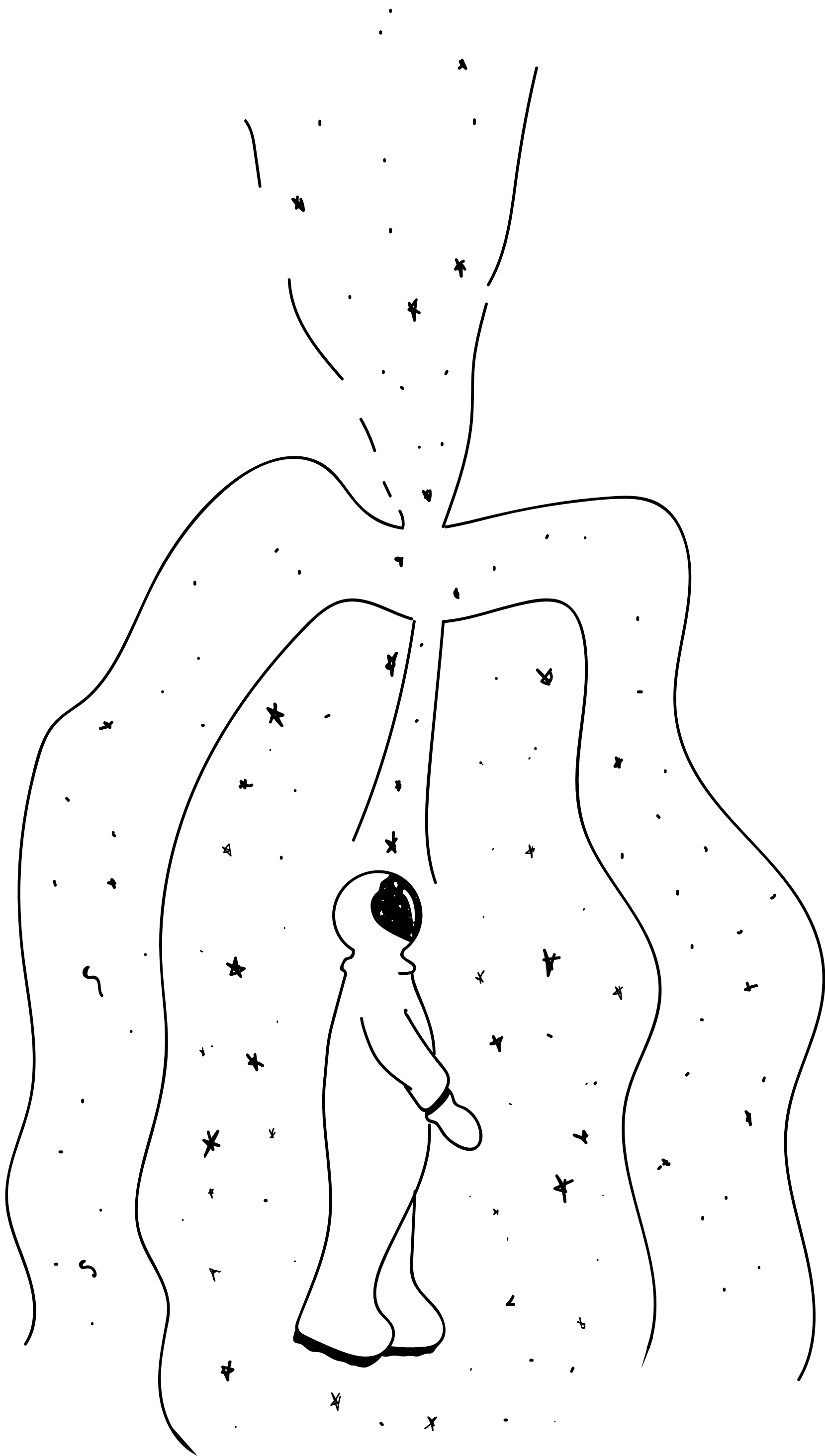
How will I adapt my energy?

Where's my focus?

What brings me emotional fulfillment?

**It's enough to just ask,
without really needing to know the answer**

Let it be revealed to you



ALL YEAR



SAGITTARIUS

BELIEF + ADVENTURE

4

JUPITER

EXPANSION

W Jupiter in \rightarrow

it's about the journey
as much as the
end point.

A pilgrimage,
just to see.

APPLY

→ all you've
learnt and now
make know about yourself

**and watch the
(inner and outer)
landscape shift
to match/adjust
your new vibe**



ALLOW
TIME

to develop things of
value



a
long-haul
project

**(that you know is a
good investment)**

i.e. you

Do the great work

**because it feels better
in your spirit to do so**

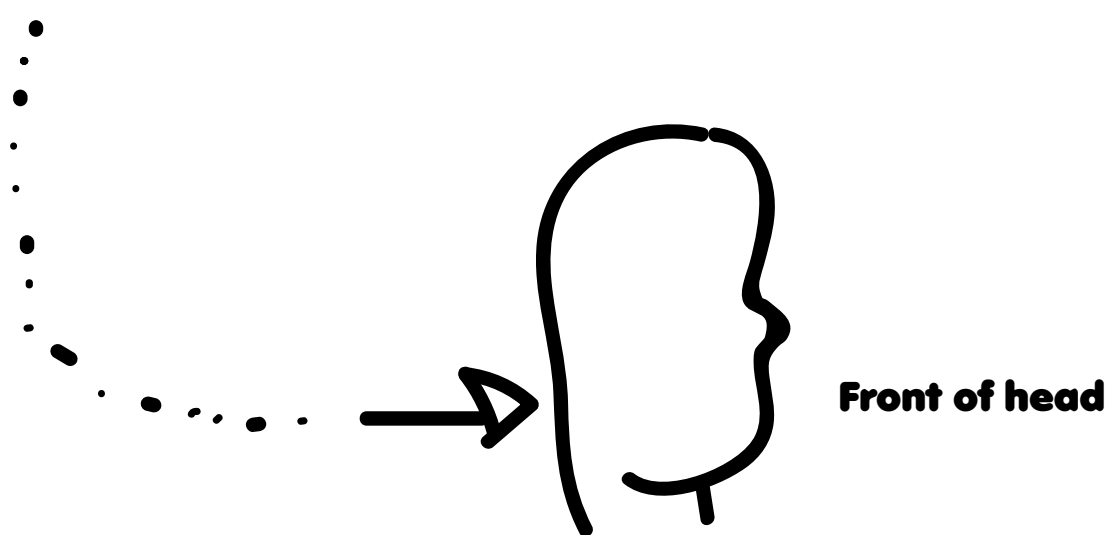
& see what that
does for you

no glass ceiling

if ever you feel like
it shouldn't require
this much effort
I really can't figure this

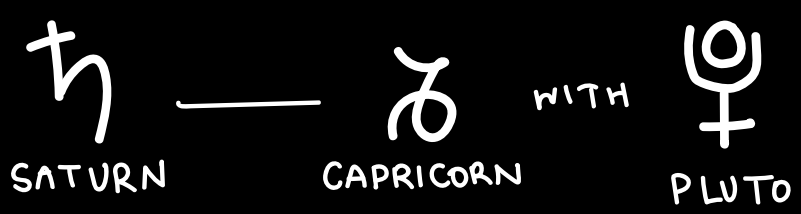
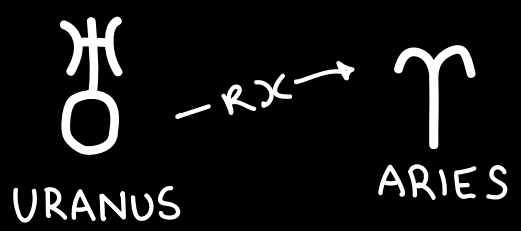
focus your energy here

ALTA MAJOR CHAKRA

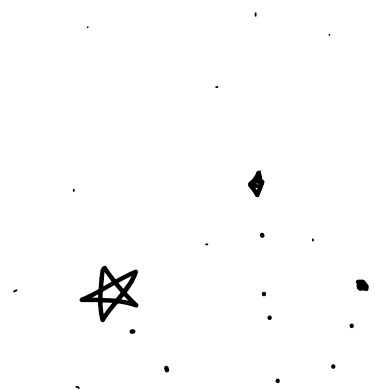


feel your throat chakra
release / equalize

feel an unplug
an opening



YOU CREATE THE TIME



**It's about stretching this present moment
to the core,
to it's depths
and seeing
all the potential.**

All you can create.

**The deeper and more present you are,
the more opportunity to
instill the new vibrations
into your being,
the more you can bend
how your days unfold.**

**It'll integrate
and you'll be amazed
at what can be achieved.**

THERE REALLY IS
SO MUCH MORE
TO IT, BUT THIS
HAS TO STOP
SOMEWHERE

These ideas are
a few possibilities
in a universe of
UNENDING POTENTIAL

energy shifts
moment to moment

If you want more
INSIGHT,
trust your intuition

(also, there's some links below)

Want to read about cosmic transits?
Just go to outerinner.space

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